

Item
4

Creative Dough

Roll • Pinch • Shape • Say

shape it,
say it!



At a Glance

Class Band	1st – 2nd Class
Purpose	Use modelling dough for open-ended three-dimensional creation and fine-motor practice.
Teacher Focus	Begin with hand movements, then connect the creation to language, numbers or letters.

What the Kit Provides

- Minimum 150 g modelling dough in at least four colours
- Smooth, non-sticky, non-drying formulation
- Suitable for open-ended three-dimensional making
- Supports fine-motor control, writing readiness, vocabulary and confidence

Learning Objective

Develop fine-motor control and turn letters, numbers and ideas into concrete forms.

Duration

15 – 20 minutes

Preparation

Give each child a small amount of dough on a clean work surface.

Step-by-Step Teacher Guide

Activity: Shape It, Say It



Warm it up

Warm the dough by rolling it gently between the palms.



Roll, pinch, flatten

Practise rolling, pinching and flattening.



Make a letter

Ask children to make a letter or number using a dough rope.



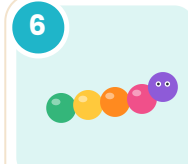
Make an object

Ask them to make a familiar fruit, animal or object.



Name and describe

Invite each child to name and describe the creation.



Mix and add details

Encourage colour combinations and added details.



Pack and clean

Return dough to the container and clean the work area.

Teacher Prompts

- What shape will you make first?
- Can you make this letter with one continuous roll?
- What happens when you flatten this part?
- Tell us three things about your creation.

Learning Outcomes

- Rolling, pinching, flattening and joining strengthen fine-motor control.
- Children build hand-eye-brain coordination and writing readiness.
- Children connect concrete models with letters, numerals and vocabulary.
- Open-ended making supports creative expression and confidence.

Quick Assessment

- Child uses at least two modelling actions with control.
- Child creates and describes a recognisable target.

Safety and Care

- Supervise use; do not allow dough in the mouth.
- Keep dough clean and store it closed after use.
- Wash hands after the activity.